



a WORD from
PASTOR BRYAN

Dear Family and Friends,

I'm excited that my better half is sharing how prayer has positively impacted our family in all week-end services! My wife, Caz, is an ordained pastor and over a year ago made the decision to resign from her role at the church to pursue God - and the results - life-changing!

After Caz shares a little bit about her/our journey, that will flow into the topic of fasting. And I am ready to share about the spiritual discipline of fasting because I have neglected it for far too long. I often say that when I preach, I am usually preaching to myself. So, this weekend is going to be encouraging and challenging, and we will leave with practical ways to fast. Wherever you are in your journey of faith, be here this weekend and put yourself in a position to go deeper in your relationship with Christ.

Remember our services are Fridays at 7p.m., and Sundays at 8:30 & 10:30a.m. And always be sure to see the updates on our website www.KaimukiChristian.org.

I will leave you with a quote from Richard Foster from his book, *Celebration of Discipline*:

“Fasting must forever center on God. It must be God-initiated and God-ordained. Like the prophetess Anna, we need to be ‘worshipping with fasting’ (Luke 2:37). Every other purpose must be subservient to God. Like that apostolic band at Antioch, ‘fasting’ and ‘worshipping’ must be said in the same breath.” (Acts 13:2)

God Bless!

Pastor Bryan

GRIEF SUPPORT GROUP

Help and encouragement after the death of a spouse, child, family member, or friend

GriefShare is a special weekly seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead.

We know it hurts, and we want to help.

Contact Us Today

Wednesdays 5:30pm – 7:30pm
January 16 - April 24
Kaimuki Christian Church, 735-1171
1117 Koko Head Avenue
griefshare@kaimukichristian.org

GRIEF SHARE



IF:GATHERING 2019

JOIN US FEBRUARY 8+9

In 2019, we invite you to link arms with thousands of other women for IF:Gathering 2019, a simulcast hosted here at KCC, as we reclaim the priority of discipleship and discover what it looks like to lean on God's wisdom instead of our own...

Will you join us?

Friday, Feb 8, 5:30-9:00 pm and

Saturday, Feb 9, 8:30 am- 5:00 pm

Cost \$25 pp, Register at kaimukichristian.org

Fasting Matthew 6:16-18

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Ways & What to Fast:

- Pick a time and day(s)
- Suggested items to fast from: Food, Television, Smart Phones, Video Games, Social Media, Internet
- Keep a journal of what GOD communicates to your soul during this time

Learning to
be Spiritual



MEN'S BREAKFAST



FAITH, FOOD & FELLOWSHIP
SATURDAY, FEBRUARY 2
7:30 AM - KCC FELLOWSHIP HALL
\$7.00 PER PERSON



Our Refresh Ministry team members will be taking a well-earned vacation days on Jan. 6 & 13.



Refreshments

If you'd like to bring and share refreshments with the church family, please sign up at the Refresh Ministry table. Questions? See Dawn or one of the other volunteers.

Mahalo for your hospitality!